

Lesson/Training Planner with Timings Calculator								© am horizons training group
Lesson/Session Title			Diversity Relaoded					
Date								
Student/Trainee Numbers								
Lesson/Session Duration								
Entry Behaviour/Level								
Location								
Set Up & Seating Layout								
Aims			Have you been in a “Diversity Training” session? Was it as much of a waste of time for you, as it has been for me? Often in these sessions the conversation focuses on those who have been hurt the most by discrimination and the rest of the audience is made to feel guilty for things that they did not even do. Time for a new look at Diversity Efforts! This workshop session will explore a new discussion and paradigm of diversity issues that focuses on action for change and removing guilt.					
Lesson or Training Session Objectives			<p>Objectives:</p> <ul style="list-style-type: none"> · Increase awareness and understanding of individual, institutional, societal, and cultural manifestations of oppression. · Understand conscious and unconscious impacts of oppression on men. · Explore the concepts of male privilege, collusion, internalized racism, and empowerment as it pertains to the fabric of oppression. · Identify ways of taking action against oppression systems in the personal, institutional, and community lives of participants. <p>Topics: Racism, Diversity, Illusions, Biology, Hidden Bias, Paradigm Shifts, Authentic Learning</p> <p>Session time: 120 minutes of instruction</p>					
Insert Start Time δ			9:00[1]	This lesson planner self-calculates timings - you need only insert the RED start time (left), and each activity duration time. Do not enter times in the grey columns.				
Start Time[2]	Activity Duration[3]	End time[4]	Lesson/Training Activity (include breaks)	Training Method	Resources	Assessment method[5]	Notes[6]	
9:00	0:05	9:05	Introductions/theory underpinnings	Powerpoint/video	Handout		Moses is Dead	
9:05	0:10	9:15	What do you want?	Discussion, lecture			Tantrum Video	
9:15	0:20	9:35	Mindset matters	Video	20/20 Video			
9:35	0:30	10:05	What would you do?	Discussion, lecture	Journals, 6X4 Cards/Video	Jounrals		
10:05	0:15	10:20	Reflection	Discussion, lecture	Video			
10:20	0:10	10:30	Break					
10:30	0:10	10:40	Cycle of Oppression	Discussion, lecture	Journals, 6X4 Cards			
10:40	0:20	11:00	What I learned growing up	Discussion, lecture	Workbook			
11:00	0:10	11:10	Socialization Process	Discussion, lecture	Workbook	Dia-ad sharing		
11:10		11:10	Internalization process	Discussion, lecture	Workbook			
11:10	0:20	11:30	Colluding/Critical thinking	Discussion, lecture	Journals, 6X4 Cards			

