



FIXING MY ATTITUDE

am horizons training group



BAD/GOOD ATTITUDES



The trash, the game, the winner
Great Apes don't go to the hospital
I hear what you say, I see what you do

LISTEN ONLY TO MOVEMENT

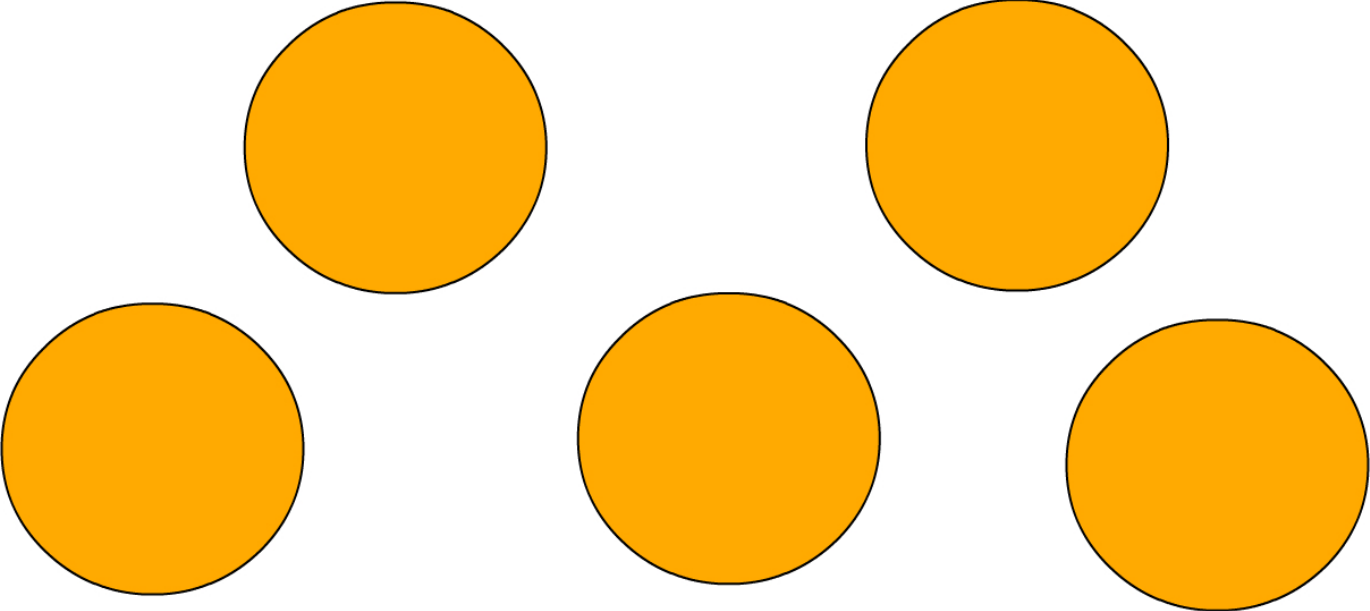
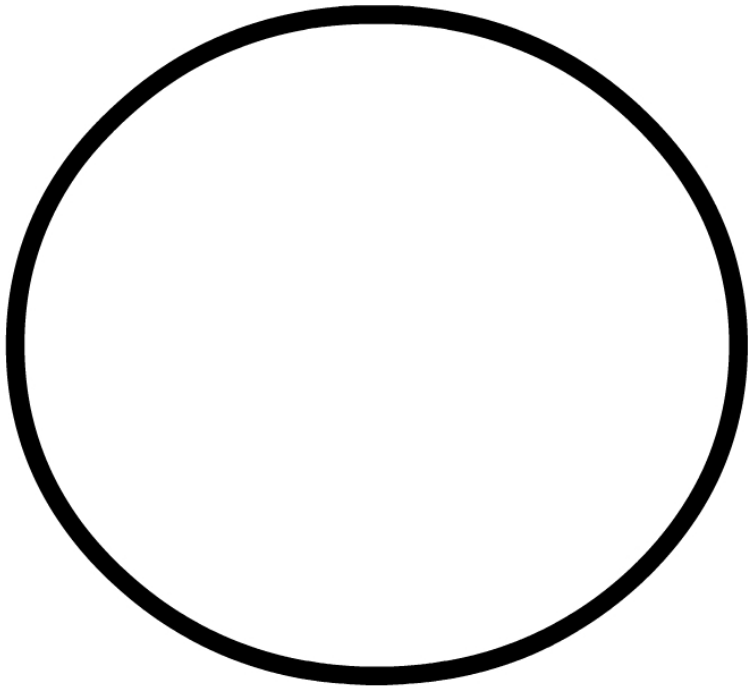
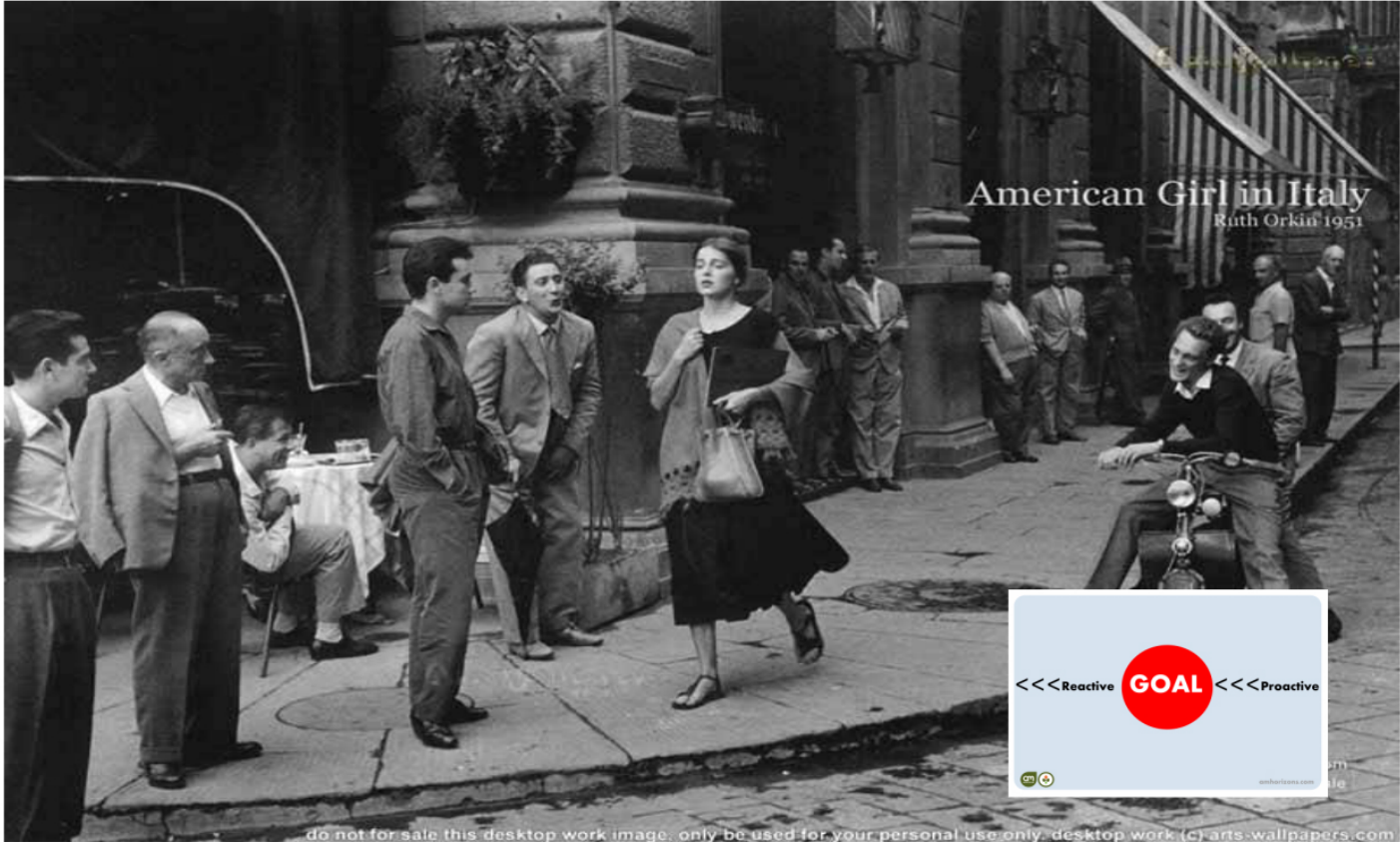
TRUTHS

HUMANS CAN LEARN, CHANGE, AND GROW
PEOPLE DO WHAT THEY THINK WORKS
ALL BEHAVIOR IS GOAL DIRECTED
ATTITUDE IS A REACTION TO GOALS



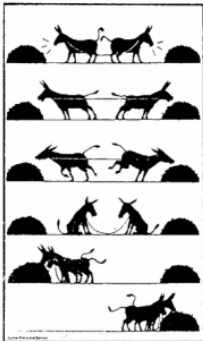
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- Racism
- Sexism
- Able-ism
- Poverty



What is an attitude?

**NO, BUT
YES, BUT
YES, AND**



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MICRO AGGRESSIONS *Diminish:*

- Discretionary Effort
- Inclusive Environments
- Cultural Continuity
- Personal Best
- Empowered Self

Human needs/Self efficacy

**SIGNIFICANCE
BELONGING
SAFETY**



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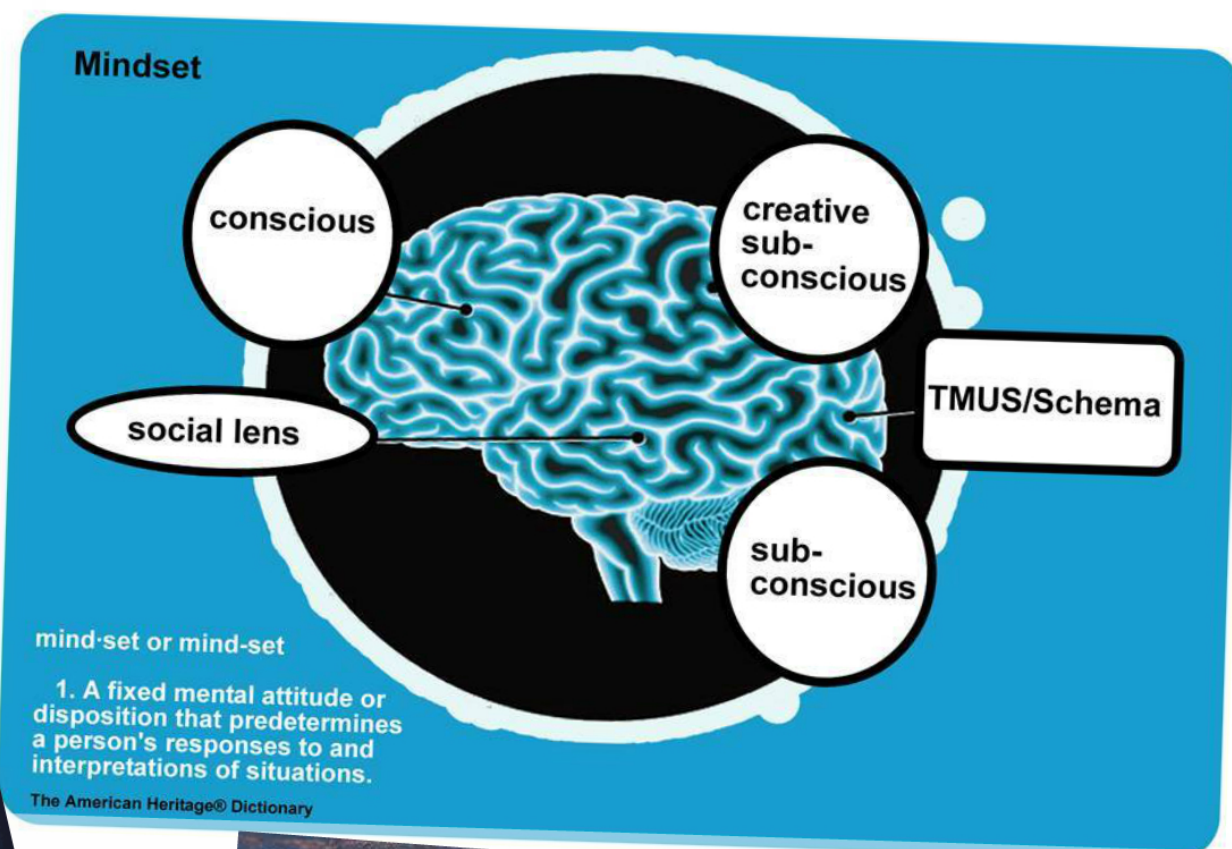
HABITS
ATTITUDE
BELIEFS
EXPECTATIONS



1. Do as I say...
2. "Earn my respect"
3. Boys will be boys
4. Not my child
5. Disrespect=Violence

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Respect 5 reasons we can't get it.



Wealth and Poverty

	Poverty	Middle Class	Wealth
Possessions	family	things	uniqueness
Money	spend	save	invest
Food	quantity	quality	presentation
Time	present	history	legacy
Destiny	fate	choice	manifest
Family	matriarical	patriarical	wealth
Motivation	survival	hard work	connections

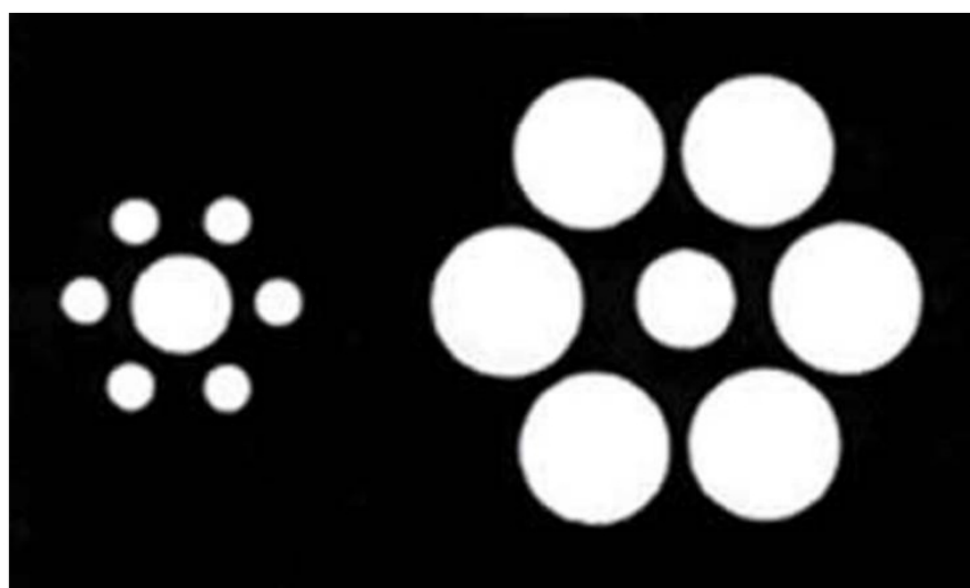
*Adapted form the work of Dr. Ruby Paine

CONTEXT -- MEMES -- CULTURE -- METHODS -- BEHAVIOR

There is no conflict between humans, just differing methods

Why deer get hit by cars?

OUT OF
CONTEXT
PROBLEM



there is **Dignity & Honor** in **Being Human**

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Multiculturalism promotes an understanding that the human experience includes, but is not limited to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation..

Defining diversity: Diversity is understood as the fact of human difference that makes a difference in how we interact with one another, communities, institutions and

ourselves, relative to developing and respecting human potential, creating a supportive, nurturing climate and environment, and acknowledging legal responsibilities to historical inequalities.

To heal the harms of the past, to improve our current conditions and provide a future free of bias and discrimination we must look for and offer people the dignity and honor in what it means to be human, even when people don't live up to being their best selves.

Dignity

Honor

Being

Human